

NEW CLIENT INTAKE FORM

- FOR CONFIDENTIAL USE ONLY -

Welcome! I would like to make our sessions as therapeutic and attuned to your needs and history as much as possible. Please provide the information below. If you have any questions, please let me know.

Name: _____ DOB: _____ Today's date: _____

Address: _____ City: _____ State: _____ Zip: _____

Home phone: _____ Cell phone: _____ Email: _____

Occupation: _____ Employer: _____

Have you ever received Craniosacral Therapy? _____ Massage? _____

Other bodywork/therapies/modalities experienced? _____

What is the reason for your visit today?

Are you currently taking any medications? _____ If yes, please list name and reason for medication:

Are you currently seeing any other healthcare professionals? _____ If yes, please list names, and reason and/or treatment:

Please review this list and check those conditions that have affected your health either recently or on the past:

- | | |
|-----------------------------------|-------------------------------------|
| _____ arthritis | _____ depression, panic disorder |
| _____ diabetes Type: _____ | _____ post-traumatic stress |
| _____ blood clots | _____ accidents/ injuries |
| _____ broken/dislocated bones | _____ birth trauma |
| _____ bruise easily | _____ whiplash |
| _____ cancer Type: _____ | _____ frequent headaches/ migraines |
| _____ chronic pain Where: _____ | _____ heart conditions Type: _____ |
| _____ constipation/ diarrhea | _____ back problems |
| _____ autoimmune condition | _____ H/L blood pressure |
| _____ hepatitis Type: _____ | _____ insomnia |
| _____ skin conditions Type: _____ | _____ muscle strain/sprain |
| _____ stroke | _____ pregnancy |
| _____ surgery Type: _____ | _____ scoliosis |
| _____ seizure | _____ stress |
| _____ nausea/ gastric issues | _____ varicose veins |
| _____ other: _____ | _____ chemical or other dependency |
| _____ dementia/ memory loss | _____ HIV, herpes |
| _____ fibromyalgia | _____ chronic fatigue |

Please provide any necessary details to the conditions checked above:

_____ Do

you smoke? Cigarettes Marijuana Pipe Other Frequency? _____

Do you drink alcohol? _____ Frequency? _____ Do you drink caffeine beverages? _____ Freq? _____

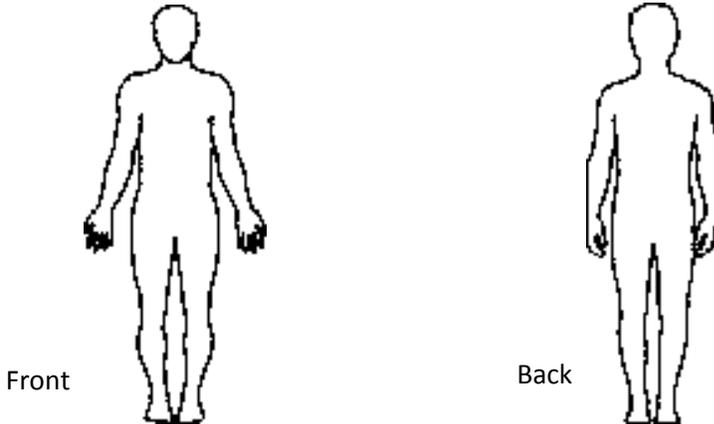
Do you use recreational drugs? _____ Type: _____ Frequency? _____

Do you exercise? _____ How often? _____ Activities? _____

Do you have any allergies? _____ Please list: _____

Are you possibly pregnant? _____

Please indicate with an "X" the areas, if any, in which you are feeling discomfort:



What are your goals/expectations for our therapy sessions together:

Please read the following information, initial each line, and sign below:

_____ 1. I understand that the following may occur during the therapy session (somato-emotional release, an increase in localized pain, emotional tension, trigger of anger, past memories, sleepiness, fatigue, detoxification, lymphatic drainage, energy shifts, twitching of body parts) and are part of a normal response to releasing held energies and a deeper healing process.

_____ 2. I understand that although craniosacral and massage therapies can very therapeutic and relaxing, it is not a substitute for medical examination, diagnosis, and treatment.

_____ 3. This is a therapeutic session, and any sexual advances or remarks will terminate the session and the client will remain financially responsible to pay for the session.

_____ 4. I understand that there is a 24 hour cancellation policy, and that I will responsible for full payment of the scheduled session if I cancel less than 24 hours from the scheduled appointment time.

_____ 5. I affirm that I have answered all the questions pertaining to medical and psychological health conditions truthfully.

Client Signature

Date